

# **CERTIFICATION**

## **Location:**

Brooks Family YMCA • Jacksonville, FL

# the

### Date & Time:

Saturday, Dec. 13, 2025 • 8:00am - 4:00pm

#### Cost:

Now Only \$199 Was \$259

\$159 For Brooks YMCA Instructors Code: **BROOKS** 

FREE For Certified WIM Instructors Code: WIMFREE

#### **CECs**:

AEA: 8.0, SCW: 7.0, AFAA: 7.0, ACE: 0.9, NASM: 0.7, ACSM: 7.0.

The WATERinMOTION® Certification is an 8-hour training for new and experienced aqua instructors focused on choreography, class design, and teaching skills. Graduates earn certification in Original, Platinum, and Strength formats plus 3 months of app access with music, choreography, and teaching tools. The course includes live prep on water exercise, cueing, and strength training.

Led By Ann Gilbert

